

WORKSHOP REPORT



Yuwa ra Sampada

THE CONNECTION BETWEEN
HERITAGE, ART, AND YOUTH



SUPPORTED BY
vivo

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Cover Photo: A Ganesh temple from the Pilachhen community, depicted in a dynamic dancing posture and the golden crown adorning the deity's head is exquisitely crafted and is believed to be unique in Nepal. This cover photo serves as an iconic symbol, marking the beginning of this project.

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Workshop Booklet

This booklet serves as a comprehensive post-workshop documentation, capturing the journey, learnings, and outcomes of the Yuwa ra Sampada Workshop conducted with 11 passionate individuals. It gives primary emphasis on the introduction of the workshop, workshop structure, facilitation, participant experiences, and the creative work of the two groups after the workshop.

Foreword

Heritage does not rest in history; it lives through the decisions of those who inherit it. In Nepal, heritage lives in everyday practices, shared spaces, craftsmanship, music, and memory. Yet, as cities expand and lifestyles change, the distance between younger generations and their cultural inheritance continues to grow. Bridging this gap is not simply a matter of preservation; it is a matter of participation, relevance, and ownership.

The Yuwa and Sampada Workshop emerged from this understanding. An initiative by our Nepal Ko Kala project team under Global Shapers Kathmandu Hub, this project reflects what the Global Shapers Community stands for: young people stepping forward to serve their communities, shape conversations, and create pathways for long-term impact. As Curator of the Kathmandu Hub, I am immensely proud of the team's vision, energy, and execution in successfully delivering a program of this scale. From its conception to execution, this workshop was driven by a belief that meaningful preservation must be rooted in ownership, curiosity, and action.

The workshop was designed as a pilot programme engaging young people aged 18–24 for an immersive learning journey spread over six weeks, from August to September 2025. Learning unfolded beyond conventional classrooms, through courtyards, streets, temples, and living spaces across the Kathmandu Valley. By blending discussions, site-based observations, storytelling, legal perspectives, and community engagement, the workshop created space for participants to critically explore heritage and their role within it.

At its core, this effort embodies the ISHAPE values of the Global Shapers

Community. It promoted Inclusion by creating accessible spaces for diverse voices; built Skills in research, advocacy, and storytelling; supported Health and well-being by fostering a sense of belonging and identity; strengthened Engagement through civic awareness and community connection; and contributed to the Planet by advancing conversations around sustainable stewardship of cultural and built environments.

What makes this work especially meaningful is that it was designed by youth, for youth, and for the future of Nepal. Participants were not passive recipients of knowledge; they were encouraged to question narratives, reflect on identity, and translate learning into action. This was evident in the post-workshop campaigns led by participants, where they worked to document overlooked stories, communicate traditions in accessible ways, and advocate for their relevance among their peers. This report captures a journey shaped by curiosity, collaboration, and commitment. It stands as a testament to what is possible when youth are positioned not as beneficiaries of cultural legacy, but as partners in its future.

I extend my sincere gratitude to Vivo Nepal for believing in the Global Shapers Kathmandu Hub and for supporting this initiative. I also thank the facilitators for generously sharing their expertise, and the participants whose commitment and openness shaped this journey. As Nepal Ko Kala continues to build on this foundation, I remain hopeful that this work will nurture a growing community of young leaders who see heritage not as something static from the past, but as a living force shaping Nepal's future.

DEANNA SHERPA

Curator, Global Shapers Kathmandu Hub

Foreword

Nepal Ko Kala began as a very personal journey for me. When I initially led the project in 2023, we chose to focus on one place only: Patan. Starting small felt important. Through this phase, we developed self-guided heritage walks and collaborated with Galli Maps and Kathmandu Valley Preservation Trust to make Patan's everyday heritage more visible and accessible.

As we expanded heritage walks to Kathmandu, Bhaktapur, and Kirtipur, the response was overwhelming. There was a clear interest from young people who wanted to spend more time engaging, asking questions, and understanding heritage beyond surface-level experiences. This made us realise that half-day walks were not enough. Heritage learning needs time and continuity. A longer, workshop-style format allows participants to build core understanding, reflect deeply, and connect theory with lived experience. This thinking led us to design a more immersive, six-week learning journey.

Planning and running this workshop was both challenging and rewarding. Balancing content, coordination, and backend work required patience and constant learning. But seeing the impact it created made every effort worthwhile. Watching participants grow more confident, curious, and emotionally connected to heritage reaffirmed why Nepal Ko Kala exists. I'm hopeful about the paths it will open moving forward.

MOHIT MAHARJAN

Project lead, Nepal Ko Kala 2023-25



*“Young people are not
only the leaders of
tomorrow, they are
the partners of today.”*

— UNESCO



Background

Nepal Ko Kala is a youth-led initiative dedicated to making Nepal's heritage more accessible, engaging, and meaningful for younger generations. We started our work in Patan, where we curated digital walking tours, documenting hidden alleys, local traditions, and architectural stories that often go unnoticed. Together with organisations like Kathmandu Valley Preservation Trust, our team has been working to ensure that cultural knowledge remains intact but also becomes accessible by using digital platforms and community-focused programmes.

The Yuwa ra Sampada workshop series was developed as an extension of this mission. We organised six sessions held across Patan, Kirtipur, Kathmandu, and Bhaktapur to encourage participants to explore heritage not as something distant or frozen but as a living system shaped by people, spaces, and choices.

Workshop Overview

Introduction

Nepal has a rich cultural heritage, as a country with diverse traditions and identities, which have been passed down through generations. Its essence and values are a precious resource for the nation. Protecting and promoting this inheritance requires continuous commitment and effort. The rich history and amazing architectural wonders are tapped in the Kathmandu Valley with six remarkable UNESCO World Heritage Sites, among which are the thousands of heritages that are known as the City of Temples. Yet, with the advancement of modernisation, the heritages face growing threats. To honour and protect what we've inherited, we must engage those who will inherit it next—our youth.

If our generation becomes the bridge between Nepal's ancient wisdom and future resilience, we could integrate the valley's identity in craftsmanship, music, and art through digital storytelling and cultural education that ensures these traditions endure and remain relevant. Engaging youth in understanding these through research and community engagement would connect with the wisdom of the past and create a space to foster a resilient Nepali identity that is rooted in their cultural legacy.

The Workshop on Heritage Studies aimed to ignite curiosity and empower leadership among young people aged 18-24, nurturing a new generation of heritage ambassadors through immersive training, hands-on experiences, and stakeholder collaboration.

Objectives

- To organise six workshops, each of fifteen participants, focusing on the knowledge of heritage, relevant bylaws, and building skills in advocacy and research.
- To engage participants in real-world projects that are based on advocacy, documentation, promotion, and preservation.

- To collaborate with like-minded organisations and stakeholders dedicated to heritage work to share expertise and resources.

Context

Where formal education ends, community learning begins.

At present, there are no available short-term programs in Nepal that explore heritage studies in depth. To fill this void, Nepalko Kala planned to introduce a short-term program on “Heritage Education.” This program focused on different facets of culture, traditions, preservation, and rituals, where one gets a holistic insight into heritage.

In 2021, UNESCO undertook a similar initiative in its pilot project, Teaching with Intangible Cultural Heritage (ICH) in Schools in Asia and the Pacific, implemented in Nepal. As part of this project, four public schools in Budhanilkantha and Kirtipur municipalities developed lesson plans integrating intangible cultural heritage in formal education. More than 350 students took part, fostering connections between their existing knowledge and elements of cultural heritage. In addition to these, lately, the school education system has also included local knowledge, traditions, and cultural identity in its curriculum, strengthening the role of heritage in education.

In order to promote heritage education initiatives, there is a need to combine the knowledge of professionals and community resource persons. By filling the divide between experts and eager students, the learning process will not only become richer, but it will also help preserve the heritage in a sustainable way.

Workshop Design

What if a classroom could be a courtyard, a street corner, or a temple?

The initial cohort had a **12-hour immersive workshop** that was distributed over 6 days and involved 11 participants. This was a pilot workshop, and by the end of 2026, the program is set to have 90 trained youth leaders.

The workshop addressed various themes, which were arranged in different modules. It is set into the following modules.

1. **Foundations of Heritage**
2. **Legal Framework and Stakeholders**
3. **Deconstructing Nepal's Heritage**
4. **Heritage, Community and Culture**
5. **Contemporary Contexts and Current Challenges**
6. **Youth in Heritage- Case Studies and Action Plan**

The workshop occurred between August 9 and September 27, 2025. Every session entailed a combination of indoor sessions, on-field observations and walks around heritage sites of historical significance.

Following experts across various modules were invited to facilitate the sessions.



Saurav Thapa Shrestha

Heritage Researcher

Saurav is passionate about heritage and enjoys learning and exploring different cultural identities. He is also part of the Nepal ko Kala project team.



Sanjay Adhikari

Heritage Law Practitioner

Sanjay is an activist lawyer and public interest litigator who works at the intersection of law, heritage, and environmental justice.



Anil Chitrakar

Social Entrepreneur

Anil Chitrakar is a social entrepreneur, conservationist and environmental leader whose work bridges heritage, sustainability and innovation



Rishi Amatya

Heritage Interpretator

Rishi Amatya is a Nepali writer, researcher and heritage interpreter. He is known for his debut novel Radha: Wrath of the Maeju, which blends mythology, history and local culture to reimagine Patan's heritage through storytelling.



Alok Siddhi Tuladhar

Activist

Alok Siddhi Tuladhar is a cultural preservation activist and documentary filmmaker. He dedicates himself to preserving Nepal's cultural legacy, aiming to celebrate his roots and inspire younger generations of its value for a better tomorrow.



Binita Magaiya

Heritage Researcher

Binita Magaiya is a practising conservation architect and researcher. Her area of specialisation is in the preservation of monuments and heritage buildings. Among her most significant projects are the reconstruction of Kasthamandap and the ongoing restoration of the Brahma Temple in Pashupati.

“Passing heritage to young people is not about preserving the past, but about enabling them to shape the future.”

— ICOM (INTERNATIONAL COUNCIL OF MUSEUMS)

Session Summary

SESSION 1

Foundations of Heritage

The introductory session provided the participants with the basics of the heritage, how it entails both tangible and intangible elements tied to community memory, rituals, craftsmanship, and everyday life. Facilitator Saurav Thapa Shrestha used examples from Patan to discuss architectural shifts, UNESCO recommendations, and challenges in preservation. The participants articulated that the session not only expanded their knowledge of heritage and deepened their appreciation for local history, creating a strong foundation for the succeeding sessions and generating curiosity to explore hidden heritages and definitions.

For Nepal Ko Kala, this session formed a strong foundation for the rest of the workshop as participants were truly interested and willing to learn. The interaction showed that the foundation was well established to have greater discussions in subsequent sessions. The facilitator's approach of connecting heritage concepts to the immediate surroundings of Patan proved particularly effective in making abstract ideas concrete and relatable. The session was held on 9 August 2025 at Patan Hub in Patan Dhoka.





SESSION 2

Deconstructing Nepal's Heritage

This session was led by Anil Chitrakar, who encouraged participants to question the traditional narratives and explore heritage through a critical lens. Discussions touched on intellectual property, community ownership, and evolving meanings within heritage. Participants shared that the session shifted their perspective and helped them understand the importance of asking deeper questions about why certain elements of heritage are valued. Smaller group discussions emerged on creative and innovative means of preserving heritages, as alternatives to the traditional methods of putting items on display in museums, photographs, and just a visual of the past without functionality.

The Nepal Ko Kala liked the fact that the participants were engaged and reflective during the session, aligning with the goal of fostering critical thinking. The shift from passive reception of heritage narratives to active questioning was a significant step in the development of the workshop. The participants began to perceive heritage not as a fixed entity but as something continuously interpreted and negotiated by communities. The session took place on 23 August 2025 at Patan Hub.

SESSION 3

Heritage, Community, and Culture

This session, led by Rishi Amatya, showed how heritage can be introduced to children and younger audiences through storytelling, observation techniques, and interactive prompts. The discussion was held inside and outside with an observation walk around Patan to look into the community participation in heritage preservation. The participants described the session as lively, refreshing, and memorable, with many noting how helpful it was to think from a storytelling perspective. Participants were also divided into four groups to create a visual game of their own, showcasing creative methods of preservation and conservation in a cost-effective and interactive way.

For Nepal Ko Kala, the session strengthened the importance of making heritage education accessible and enjoyable for youth. The hands-on approach of creating games demonstrated that heritage engagement does not require being formal or academic to be meaningful. The participants were also given practical tools they could apply in their own communities to incentivise interest in heritage amongst younger generations. The session was held on 30 August 2025 at KGH Patan.





SESSION 4

Contemporary Contexts and Current Challenges

Facilitated by Alok Siddhi Tuladhar, this session discussed the modern-day pressures on heritage, including urbanisation, commercialisation, and changing community forces. Kirtipur served as an ideal learning environment, allowing participants to observe layered histories and cultural transitions firsthand. Participants reflected on how heritage responsibility extends beyond locals to include outsider residents and new community members. The session contextualised heritage within broader social and political frameworks, helping participants understand that preservation is not merely technical but deeply political and social.

The Nepal Ko Kala team found the session impactful, as it moved beyond romanticised notions of heritage to address real challenges communities face. The choice of Kirtipur as a venue allowed participants to witness the tensions between tradition and modernity in real time. Discussions highlighted that heritage conservation requires navigating complex relationships between different stakeholders with sometimes conflicting interests. The session took place on 6 September 2025 at Kipoo House in Kirtipur.

SESSION 5

Youth in Heritage- Case Studies and Action Planning

Facilitated by Binita Magaiya, this session explored youth engagement in heritage work, especially after the earthquake in 2015, in the post-disaster reconstruction. Additional insights from Subham Manandhar introduced participants to the challenges around stolen artefacts and repatriation. Many found the session emotionally resonant, connecting deeply with stories of loss and activism, where the participants had been strolling around since time immemorial without even thinking about the history, politics, and work invested in each stone, wood, and artefact. After the protests especially on September 9, 2025, the session has created space to reflect on the aftermath and on what heritage means when we witness the loss of tangible structures in real time. The discussion explored how such moments not only damage physical sites, but also unsettle collective memory and erase parts of the history we hold and inherit.

For Nepal Ko Kala, the session demonstrated the significance of youth-driven initiatives and grounded discussions in real-world experiences. The emotional connection participants felt demonstrated that heritage is not just a subject of objects and buildings but a matter of collective memory and identity of the community. The session was held on 13 September 2025 at Basantapur Durbar Square.





SESSION 6

Legal Frameworks and Stakeholders

Facilitated by Sanjay Adhikari, the final session introduced participants to the legal provisions of Nepal on governing heritage protection, including stakeholder responsibilities and policy challenges. Case studies and practical examples helped clarify how laws shape the preservation landscape. The participants reflected on how unaware they had been of legal guidelines and expressed interest in further reading. Additionally, participants gained a strong desire to share their learning and talk more about the heritages and cultures they love and appreciate.

Ending the workshop session in Bhaktapur provided a meaningful closure, grounding the learning journey in a rich heritage setting. The session also prepared the participants with knowledge about the formal mechanisms which either assist or hinder heritage work, transforming them from passive observers to informed advocates. The session took place on 27 September 2025 at Rabindra Puri Foundation in Bhaktapur.

Impact

Over six weeks, the participants gained a better understanding of the heritage of Nepal. They learned to critically analyse heritage, understand its values to the community, and recognise their own roles in the context of preservation. The combination of indoor discussions and outdoor activities made the learning feel grounded and relevant. For Nepal Ko Kala, the most rewarding aspect was witnessing participants grow from curious learners into reflective thinkers, ready to engage with heritage in informed ways.

The participants reported that they had a high perceived value of the overall quality of the workshop. The satisfaction with the experience was quite high, reflecting engaging sessions and meaningful participation. The majority of them were pleased with their experience and felt that the workshop met their expectations.

1] Core Learnings and Knowledge Acquisition

The majority of participants (89%) said they are very confident about their knowledge of the diverse heritage landscape. There was a strong indication that the course effectively helped them connect heritage concepts to real-life contexts and to their own communities. Learners have said that they have become more capable of describing fundamental systems and their roles in daily life and cultural continuity.

2] Connection, Identity and Perspective

Many participants expressed a deeper personal connection, and they had developed a strong sense of belonging through these heritage studies. The course appears to have expanded their perspectives, promoting youth-led participation and intergenerational dialogue. One of the main strengths was noted by the participants in the form of the capacity of the facilitators to relate the concepts to the life of the participants, and this aspect aided in putting the theory into practice. The course proved highly effective in addressing contemporary challenges, with

89% of participants now understanding how urbanisation, migration, and modern restoration practices impact heritage today. While 67% of participants felt confident in their knowledge of relevant laws, policies, and the roles of various stakeholders, only 22% expressed confidence in explaining complex traditional systems such as Guthi, mandala planning, and ritual ecologies.

3] Future Application and Advocacy

The practical aspects are of great interest: the application of heritage in everyday life, how crafts should be documented and preserved, and how the knowledge about heritage should be made available to younger generations. Encouragingly, all participants reported feeling equipped to design or actively participate in youth-led heritage initiatives. Additionally, 78% were ready to promote heritage conservation in their respective communities. Several participants (67%) wished there were more exploration on the topic of legal structures, governance systems, and ways of recognition or preservation through UNESCO. There is also interest in exploring heritage sites through a gendered lens and expanding knowledge about sites in the Kathmandu Valley.

4] Facilitation and Environment

Some of the participants emphasised the field-based or site-specific sessions (e.g., Kirtipur experiences, Patan sessions) as particularly impactful, which supports the idea that the local contexts are helpful in gaining knowledge. Participants viewed facilitators as effective communicators who were able to provide open spaces, encourage participation, and respect diverse opinions. The best outcomes were linked closely to facilitators who connected examples to lived experiences and local contexts. The responses show that there was a friendly environment where voices were appreciated, which helped in enhancing engagement and positive learning results.

Key Testimonials

Below are three selected testimonials that capture the different dimensions of the participant experience:

“That session in Kirtipur reminded us that what we label as heritage today are not important or extraordinary things that our ancestors built. It is simply the everyday things that they used at that time, like falchas, hitis and houses. This session enlightened the participants about the beautiful mixture of art, religion and practicality.”

— **Nayan Shakya**

“The session on deconstructing Nepal’s heritage broadened my perspective on how we generally view heritages, the significance of asking the right/ appropriate questions, the value of the heritages in our community and the importance of preserving the artists.”

— **Pema Yangdon Sherpa (Bhote)**

“The workshop not only made me curious about heritage and culture but also to actively engage in activities and pursue new skills to continue on cultural preservation and continuation efforts.”

— **Deepa Amatya**

Participants' Projects

Following the successful conclusion of the Yuwa ra Sampada workshops, participants were divided into two groups to design and implement short-term projects running until December 2025. These projects lay down the foundations of the learnings, reflections, and creative exploration done in the workshops and enabled the participants to practice their knowledge in the areas of practical and community-facing.

The two groups jointly established a common digital platform, Instagram: @heritageexplorers.np, through a collaborative brainstorming and ideation process, to document, showcase, and disseminate their work. While sharing a unified platform, each group pursued a distinct approach to engaging with heritage, education, and storytelling.

Heritage Explorers

Project Focus: *Heritage education and awareness among school students*

The team focused on engaging young learners through interactive school-based sessions. As part of their project, the team facilitated hands-on heritage education sessions for Grade 5 and 6 students in local schools.

FIRST SESSION

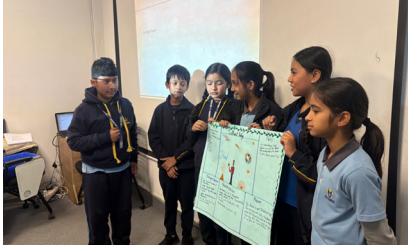
On 18 November 2025, the team conducted a session for Grade 5 students at Rai School. The session familiarised the 30 students with the foundations of heritage, emphasising its importance, relevance, and its relation to everyday life. Students were encouraged to reflect



on local heritages, learn about their stories, and identify different types of heritage. The session concluded with an interactive activity where students presented their understanding of heritage-related challenges and proposed solutions.



Foundation of Heritage Session with Grade 5 students at Rai School



SECOND SESSION

The team facilitated a second session on the Foundations of Heritage at Nepal Adarsha Secondary School for Grade 5 and 6 students. The session was attended by 45 students in total. The role of young people in heritage preservation and conservation was highlighted in this session. Students were actively involved in discussing how they could play their part, on their respective capacities- whether it is by doing the most basic measures such as keeping the area clean, or taking the lead in protecting the cultural space, traditions and practices.

Although many students were familiar with identifying different forms of heritage, group activities revealed gaps in understanding what these heritages represent. This created opportunities for discovery, dialogue, and peer learning. Overall, both sessions were highly participatory and proved to be meaningful learning experiences for both the students and the facilitators.



An AI-enabled illustrated short book that tells the story of Lhichu and Aja, exploring themes of heritage.



Session with Grade 5 and 6 students at Nepal Adarsha Secondary School

SomeKatha

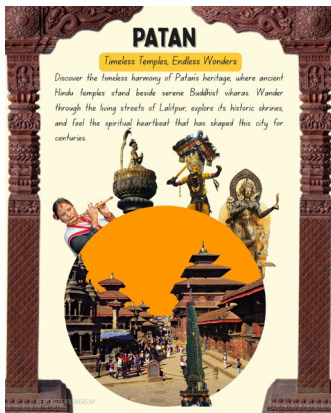
Project Focus: Heritage storytelling and exploration on Digital platforms

SomeKatha followed a narrative-driven approach to heritage engagement. As part of the workshops, the group was interested in exploring the temples and vihars of Patan, in order to learn the heritage by observing, asking questions, and telling stories. The group worked on Saturdays and holidays, exploring

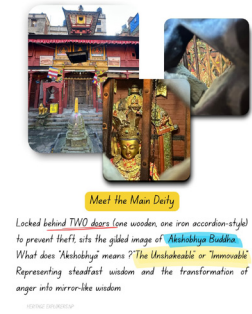
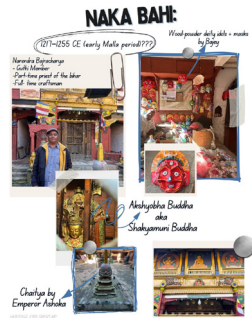
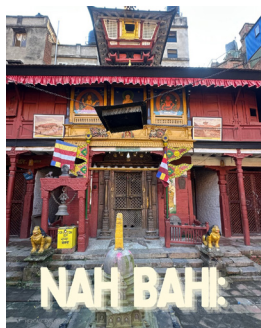
local heritages, interviewing the neighbourhood and elders in those areas to get authentic and accurate information, which they shared through engaged carousel posts. The total number of places they have visited is listed below:

1. Kumari Ghar /RATNAKAR MAHABIHAR
2. Lokakirti Bihar/NAKABAHI

Their project revolves around reconnecting with heritage spaces that are often overlooked despite being integral to everyday life. By documenting their explorations and reflections, the group aims to educate themselves and their audience, presenting heritage through youthful perspectives, shared stories, and accessible narratives. Through a series of digital stories shared via the common Instagram platform 'heritageexplorers.np', SomeKatha highlights the cultural, historical, and emotional significance of these spaces, encouraging audiences to see familiar places with renewed appreciation.



Instagram
@heritageexplorers.np



Annex

Participants List

1. Saksham Shrestha
2. Anek Rajbhandari
3. Alish Shrestha
4. Tsering Tamang
5. Pema Yangdon Sherpa (Bhote)
6. Rumit Shrestha
7. Neharika Shrestha
8. Nayan Shakya
9. Deepa Amatya
10. Laxman Katwal
11. Manisha Shrestha

Some Glimples of Nepalko Kala's Activities



Treasure Hunt in Patan with Global Shapers

September 14, 2024



Mero Sampada- Bungadyah: History and Heritage Walk

In collaboration with Youth Heritage Society, walk with **Rishi Amatya** on June 22, 2024



Mero Sampada- Reclaiming Stolen Heritages in Patan

In collaboration with Youth Heritage Society, walk with **Saurav Thapa Shrestha** on July 6, 2024

Mero Sampada- Kathmandu Shrine Walk

In collaboration with Youth Heritage Society, walk with **Alina Tamrakar** on August 3, 2024



Mero Sampada- Khwopa Heritage Walk

In collaboration with Youth Heritage Society, walk with **Deepesh Raj Sharma** on August 17, 2024

Mero Sampada- Patan Heritage Walk

In collaboration with Youth Heritage Society, walk with **Hrishav Raj Joshi** on September 8, 2024



Mero Sampada- Kipoo (Kirtipur) Heritage Walk

In collaboration with Youth Heritage Society, walk with **Alok Siddhi Tuladhar** on September 21, 2024



Patan Heritage Walk with CNIYEF

In collaboration with CNIYEF, walk with **Saurav Thapa Shrestha** on January 25, 2025

Pilachhen Heritage Walk

In collaboration with Deego Pranali, walk with **Birat Raj Bajracharya** on March 29, 2025



Tuladaan: Nepal's Lost Historical Masterpiece

The Global Shapers Kathmandu Hub engaged in a discussion with **Rajan Saky** on the Tuladaan Paubha painting at the Museum of Nepali Art (MoNA).

Circles of Connection: Rice & Rain

Yomari making experience at Panchaku, Pilachhen on July 12, 2025 in collaboration with Pilachhen Community Homestay and Deego Pranali



Mero Sampada- Hiti Pranali: Water Heritage Walk

In collaboration with Youth Heritage Society, walk with **Hrishav Raj Joshi** on August 30, 2025

Acknowledgements

This series was supported by **Vivo Nepal**, whose collaboration strengthened our ability to document, deliver, and expand the reach of the program.

Nepal Ko Kala extends sincere gratitude to Vivo Nepal for supporting this workshop series and championing youth engagement in heritage preservation. We thank our facilitators: **Saurav Thapa Shrestha, Anil Chitrakar, Rishi Amatya, Alok Siddhi Tuladhar, Binita Magaiya, and Sanjay Adhikari**, for their time and expertise. We are grateful to our 11 participants for their curiosity and commitment, as well as the communities and venues that hosted us over six weeks.

Thanks to all our team members: Pooja Bista, Sambridh Timilsina, Anoushka Pandey, Saurabh Shrestha, Anusha Thapa and including leadership team: Deanna Sherpa, Devika Thapa and Monal Bhattarai for their entire support throughout this workshop.

Nepalko Kala is an initiative dedicated to exploring and celebrating the rich cultural heritage of the Kathmandu Valley. We curate a wide range of immersive experiences and events, including **Heritage Tours, Art Exhibitions, Storytelling Sessions, and Interactive Workshops.**

Our primary focus is on **engaging youth by educating them about Nepal's vibrant traditions and historical narratives.** Through these interactions, we aim to foster a deeper understanding of our heritage and cultivate a strong sense of identity among young people.